



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Oppenhäuser, Andreas**

Club: Lauffreiweg Arnstadt  
Number: 319

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 42:36

Speed: 14.08 km/h  
Running performance: 4:16 min/km

Rank in course/Total: 10 (of 79)

Rank in course/Men: 9 (of 60)

Best time in course: 37:27

Rank in category: 1(of 7)

Best time in the category: 42:36