



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Münch, Andreas**

Club: SG Einheit Arnstadt  
Number: 338

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 42:39

Speed: 14.07 km/h  
Running performance: 4:16 min/km

Rank in course/Total: 11 (of 79)

Rank in course/Men: 10 (of 60)

Best time in course: 37:27

Rank in category: 2(of 7)

Best time in the category: 42:36