



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Amendt, Philipp**

Club: Triteam-Ilmenau  
Number: 392

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 43:53

Speed: 13.67 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 18 (of 79)

Rank in course/Men: 16 (of 60)

Best time in course: 37:27

Rank in category: 7(of 12)

Best time in the category: 37:27