



Alteburglauf 2008
Arnstadt / 02.05.2008

Detailed evaluation

Köhler, Jens

Club: Lok Arnstadt
Number: 316

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 43:58

Speed: 13.65 km/h
Running performance: 4:24 min/km

Rank in course/Total: 20 (of 79)

Rank in course/Men: 18 (of 60)

Best time in course: 37:27

Rank in category: 1(of 10)

Best time in the category: 43:58