



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Beck, Andreas**

Club: LSV Lok Arnstadt  
Number: 356

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 44:28

Speed: 13.49 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 22 (of 79)

Rank in course/Men: 19 (of 60)

Best time in course: 37:27

Rank in category: 3(of 7)

Best time in the category: 42:36