



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Swiderski, Marian

Club: WSC 07 Ruhla

Number: 76

Course: 19.50 km

15 km Lauf

Category:

männliche Jugend B

Total time: 1:39:36

Speed: 11.45 km/h

Running performance: 5:07 min/km

Rank in course/Total: 73 (of 105)

Rank in course/Men: 68 (of 87)

Best time in course: 1:00:19

Rank in category: 2(of 2)

Best time in the category: 1:20:12