



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

John, Stefan

Club: Laufgruppe Dell
Number: 68

Course: 19.50 km
15 km Lauf

Category:
Männer M20

Total time: 1:43:03

Speed: 11.06 km/h
Running performance: 5:17 min/km

Rank in course/Total: 77 (of 105)

Rank in course/Men: 72 (of 87)

Best time in course: 1:00:19

Rank in category: 13(of 15)

Best time in the category: 1:00:19