



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Köhler, Gunnar

Club: TSG Ruhla/ WSC 07

Number: 55

Course: 19.50 km

15 km Lauf

Category:

Männer M35

Total time: 1:43:04

Speed: 11.06 km/h

Running performance: 5:17 min/km

Rank in course/Total: 78 (of 105)

Rank in course/Men: 73 (of 87)

Best time in course: 1:00:19

Rank in category: 11(of 13)

Best time in the category: 1:18:07