



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Werner, Ralf

Club: Kindergarten Krauthausen
Number: 115

Course: 19.50 km
15 km Lauf

Category:
Männer M35

Total time: 1:44:00

Speed: 10.96 km/h
Running performance: 5:20 min/km

Rank in course/Total: 81 (of 105)

Rank in course/Men: 76 (of 87)

Best time in course: 1:00:19

Rank in category: 13(of 13)

Best time in the category: 1:18:07