



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

**Brandt, Sebastian**

Club: Fitnessoase Ohrdruf  
Number: 53

Course: 19.50 km  
15 km Lauf

Category:  
Männer M20

Total time: 1:46:02

Speed: 10.75 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 88 (of 105)

Rank in course/Men: 79 (of 87)

Best time in course: 1:00:19

Rank in category: 14(of 15)

Best time in the category: 1:00:19