



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Rosenau, Sylvia

Club: TSG Ruhla/ WSC 07

Number: 54

Course: 19.50 km

15 km Lauf

Category:

Frauen W40

Total time: 1:47:48

Speed: 10.58 km/h

Running performance: 5:32 min/km

Rank in course/Total: 92 (of 105)

Rank in course/Women: 10 (of 18)

Best time in course: 1:14:44

Rank in category: 2(of 4)

Best time in the category: 1:45:10