



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Knierim, Gabi

Club: LG Einrich

Number: 40

Course: 19.50 km

15 km Lauf

Category:

Frauen W45

Total time: 1:49:49

Speed: 10.38 km/h

Running performance: 5:38 min/km

Rank in course/Total: 94 (of 105)

Rank in course/Women: 11 (of 18)

Best time in course: 1:14:44

Rank in category: 2(of 3)

Best time in the category: 1:27:43