



7. Pollmeier-Lauf Creuzburg

Creuzburg / 03.05.2008

Detailed evaluation

Iffland, Hans

Club: Berka/ Werra

Number: 157

Course: 19.50 km

15 km Walking/ Nordic Walking

Category:

Männer Walking/ Nordic Walking

Total time: 2:31:08

Speed: 7.54 km/h

Running performance: 7:45 min/km

Rank in course/Total: 3 (of 16)

Rank in course/Men: 3 (of 5)

Best time in course: 2:29:20

Rank in category: 3(of 5)

Best time in the category: 2:29:20