



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Temmler, Silke

Club: Kindergarten Krauthausen  
Number: 96

Course: 19.50 km  
15 km Lauf

Category:  
Frauen W40

Total time: 2:00:18

Speed: 9.48 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 104 (of 105)

Rank in course/Women: 17 (of 18)

Best time in course: 1:14:44

Rank in category: 4(of 4)

Best time in the category: 1:45:10