



7. Pollmeier-Lauf Creuzburg

Creuzburg / 03.05.2008

Detailed evaluation

Dzielak, Wolfhard

Club: Kindergarten Krauthausen

Number: 162

Course: 19.50 km

15 km Walking/ Nordic Walking

Category:

Männer Walking/ Nordic Walking

Total time: 2:35:34

Speed: 7.33 km/h

Running performance: 7:59 min/km

Rank in course/Total: 4 (of 16)

Rank in course/Men: 4 (of 5)

Best time in course: 2:29:20

Rank in category: 4(of 5)

Best time in the category: 2:29:20