



7. Pollmeier-Lauf Creuzburg

Creuzburg / 03.05.2008

Detailed evaluation

Friedrich, Gerda

Club: Kindergarten Krauthausen

Number: 173

Course: 19.50 km

15 km Walking/ Nordic Walking

Category:

Frauen Walking/ Nordic Walking

Total time: 2:39:16

Speed: 7.16 km/h

Running performance: 8:10 min/km

Rank in course/Total: 6 (of 16)

Rank in course/Women: 2 (of 11)

Best time in course: 2:37:58

Rank in category: 2(of 11)

Best time in the category: 2:37:58