



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Mokh, Aleksandr

Club: Kirgistan

Number: 84

Course: 19.50 km

15 km Lauf

Category:

Männer M20

Total time: 1:02:50

Speed: 18.14 km/h

Running performance: 3:13 min/km

Rank in course/Total: 4 (of 105)

Rank in course/Men: 4 (of 87)

Best time in course: 1:00:19

Rank in category: 3(of 15)

Best time in the category: 1:00:19