



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Fritsch, Alexander

Club: LSV Lok Arnstadt  
Number: 65

Course: 19.50 km  
15 km Lauf

Category:  
Männer M20

Total time: 1:04:49

Speed: 17.59 km/h  
Running performance: 3:19 min/km

Rank in course/Total: 6 (of 105)

Rank in course/Men: 6 (of 87)

Best time in course: 1:00:19

Rank in category: 4(of 15)

Best time in the category: 1:00:19