



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Mahrt, Jörg

Club: Stedtfelder Rennsteigfreunde  
Number: 5

Course: 19.50 km  
15 km Lauf

Category:  
Männer M40

Total time: 1:14:44

Speed: 15.66 km/h  
Running performance: 3:50 min/km

Rank in course/Total: 9 (of 105)

Rank in course/Men: 8 (of 87)

Best time in course: 1:00:19

Rank in category: 1(of 12)

Best time in the category: 1:14:44