



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Sänger, Matthias

Club: RSC Waltershausen
Number: 97

Course: 19.50 km
15 km Lauf

Category:
Männer M45

Total time: 1:16:49

Speed: 14.84 km/h
Running performance: 3:56 min/km

Rank in course/Total: 11 (of 105)

Rank in course/Men: 10 (of 87)

Best time in course: 1:00:19

Rank in category: 1(of 12)

Best time in the category: 1:16:49