



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Scheler, Raimond

Club: SV Mihla

Number: 41

Course: 19.50 km

15 km Lauf

Category:

Männer M45

Total time: 1:17:05

Speed: 14.79 km/h

Running performance: 3:57 min/km

Rank in course/Total: 12 (of 105)

Rank in course/Men: 11 (of 87)

Best time in course: 1:00:19

Rank in category: 2(of 12)

Best time in the category: 1:16:49