



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Gauditz, Christian

Club: SV Normania Treffurt  
Number: 39

Course: 19.50 km  
15 km Lauf

Category:  
Männer M30

Total time: 1:19:44

Speed: 14.30 km/h  
Running performance: 4:05 min/km

Rank in course/Total: 20 (of 105)

Rank in course/Men: 18 (of 87)

Best time in course: 1:00:19

Rank in category: 4(of 9)

Best time in the category: 1:00:45