



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt
Number: 46

Course: 19.50 km
15 km Lauf

Category:
Männer M40

Total time: 1:21:04

Speed: 14.06 km/h
Running performance: 4:10 min/km

Rank in course/Total: 26 (of 105)

Rank in course/Men: 24 (of 87)

Best time in course: 1:00:19

Rank in category: 6(of 12)

Best time in the category: 1:14:44