



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt
Number: 19

Course: 19.50 km
15 km Lauf

Category:
Männer M45

Total time: 1:21:17

Speed: 14.03 km/h
Running performance: 4:10 min/km

Rank in course/Total: 27 (of 105)

Rank in course/Men: 25 (of 87)

Best time in course: 1:00:19

Rank in category: 4(of 12)

Best time in the category: 1:16:49