



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Wenzel, Frank

Club: SV Haina
Number: 87

Course: 19.50 km
15 km Lauf

Category:
Männer M45

Total time: 1:23:27

Speed: 13.66 km/h
Running performance: 4:17 min/km

Rank in course/Total: 34 (of 105)

Rank in course/Men: 32 (of 87)

Best time in course: 1:00:19

Rank in category: 5(of 12)

Best time in the category: 1:16:49