



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Brückmann, Michael

Club: LSV Unstrut-Hainich
Number: 44

Course: 19.50 km
15 km Lauf

Category:
Männer M30

Total time: 1:24:16

Speed: 13.53 km/h
Running performance: 4:19 min/km

Rank in course/Total: 35 (of 105)

Rank in course/Men: 33 (of 87)

Best time in course: 1:00:19

Rank in category: 6(of 9)

Best time in the category: 1:00:45