



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Kempe, Matthias

Club: SV Mihla
Number: 71

Course: 19.50 km
15 km Lauf

Category:
Männer M35

Total time: 1:26:28

Speed: 13.18 km/h
Running performance: 4:26 min/km

Rank in course/Total: 43 (of 105)

Rank in course/Men: 41 (of 87)

Best time in course: 1:00:19

Rank in category: 5(of 13)

Best time in the category: 1:18:07