



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Albrecht, Stefan

Club: SV Emsetal

Number: 52

Course: 19.50 km

15 km Lauf

Category:

Männer M40

Total time: 1:27:16

Speed: 13.06 km/h

Running performance: 4:29 min/km

Rank in course/Total: 45 (of 105)

Rank in course/Men: 43 (of 87)

Best time in course: 1:00:19

Rank in category: 9(of 12)

Best time in the category: 1:14:44