



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Van nieuwenhoven, Liesbeth

Club: TSV 1869 Herleshausen  
Number: 88

Course: 19.50 km  
15 km Lauf

Category:  
Frauen W45

Total time: 1:27:43

Speed: 13.00 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 46 (of 105)

Rank in course/Women: 3 (of 18)

Best time in course: 1:14:44

Rank in category: 1(of 3)

Best time in the category: 1:27:43