



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Speck, Wilfried

Club: SV Eintracht Hitzeroide
Number: 86

Course: 19.50 km
15 km Lauf

Category:
Männer M50

Total time: 1:28:00

Speed: 12.95 km/h
Running performance: 4:31 min/km

Rank in course/Total: 47 (of 105)

Rank in course/Men: 44 (of 87)

Best time in course: 1:00:19

Rank in category: 2(of 6)

Best time in the category: 1:22:59