



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt  
Number: 2

Course: 19.50 km  
15 km Lauf

Category:  
Männer M45

Total time: 1:28:39

Speed: 12.86 km/h  
Running performance: 4:33 min/km

Rank in course/Total: 49 (of 105)

Rank in course/Men: 46 (of 87)

Best time in course: 1:00:19

Rank in category: 8(of 12)

Best time in the category: 1:16:49