



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

**Pohl, Wolfgang**

Club: SV Normania Treffurt  
Number: 29

Course: 19.50 km  
15 km Lauf

Category:  
Männer M55

Total time: 1:29:39

Speed: 12.72 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 52 (of 105)

Rank in course/Men: 49 (of 87)

Best time in course: 1:00:19

Rank in category: 3(of 5)

Best time in the category: 1:26:17