



7. Pollmeier-Lauf Creuzburg  
Creuzburg / 03.05.2008

Detailed evaluation

Mascher, Frank

Club: SG Salome  
Number: 102

Course: 19.50 km  
15 km Lauf

Category:  
Männer M20

Total time: 1:36:26

Speed: 11.82 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 64 (of 105)

Rank in course/Men: 59 (of 87)

Best time in course: 1:00:19

Rank in category: 11(of 15)

Best time in the category: 1:00:19