



7. Pollmeier-Lauf Creuzburg
Creuzburg / 03.05.2008

Detailed evaluation

Schwanz, Rainer

Club: Fc Rw Scherbda
Number: 117

Course: 19.50 km
15 km Lauf

Category:
Männer M50

Total time: 1:37:40

Speed: 11.67 km/h
Running performance: 5:01 min/km

Rank in course/Total: 68 (of 105)

Rank in course/Men: 63 (of 87)

Best time in course: 1:00:19

Rank in category: 5 (of 6)

Best time in the category: 1:22:59