



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

**Seidler, Bernd**

Club: Stadtilm

Number: 59

Course: 11.00 km

Hauptlauf

Category:

Männer M40

Total time: 53:55

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course/Total: 23 (of 86)

Rank in course/Men: 22 (of 58)

Best time in course: 39:09

Rank in category: 1(of 2)

Best time in the category: 53:55