



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Ritze, Detlef

Club: Laufftreff Alteburg Arnstadt  
Number: 72

Course: 11.00 km  
Hauptlauf

Category:  
Männer M55

Total time: 57:10

Speed: 11.55 km/h  
Running performance: 5:12 min/km

Rank in course/Total: 29 (of 86)

Rank in course/Men: 26 (of 58)

Best time in course: 39:09

Rank in category: 3(of 6)

Best time in the category: 52:36