



28. Silberberglauf
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt
Number: 18

Course: 11.00 km
Hauptlauf

Category:
Frauen W40

Total time: 59:09

Speed: 11.16 km/h
Running performance: 5:23 min/km

Rank in course/Total: 42 (of 86)
Rank in course/Women: 9 (of 28)
Best time in course: 52:13

Rank in category: 2(of 3)
Best time in the category: 57:57