



28. Silberberglauf
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Dudek, Harald

Club: LSV Lok Arnstadt
Number: 73

Course: 11.00 km
Hauptlauf

Category:
Männer M60

Total time: 1:01:20

Speed: 10.76 km/h
Running performance: 5:35 min/km

Rank in course/Total: 50 (of 86)

Rank in course/Men: 39 (of 58)

Best time in course: 39:09

Rank in category: 3(of 5)

Best time in the category: 54:25