



28. Silberberglauf
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Pabst, Frank

Club: FC Köppelsdorf
Number: 52

Course: 11.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:01:44

Speed: 10.69 km/h
Running performance: 5:37 min/km

Rank in course/Total: 52 (of 86)

Rank in course/Men: 41 (of 58)

Best time in course: 39:09

Rank in category: 6(of 8)

Best time in the category: 44:59