



28. Silberberglauf
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Pabst, Volkmar

Club: SV Cursdorf-Meuselbach
Number: 53

Course: 11.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:04:08

Speed: 10.29 km/h
Running performance: 5:50 min/km

Rank in course/Total: 58 (of 86)

Rank in course/Men: 46 (of 58)

Best time in course: 39:09

Rank in category: 8(of 8)

Best time in the category: 44:59