



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Helbig, Katrin

Club: Königsee  
Number: 42

Course: 11.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 1:12:49

Speed: 9.06 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 75 (of 86)  
Rank in course/Women: 21 (of 28)  
Best time in course: 52:13

Rank in category: 3(of 3)  
Best time in the category: 57:57