



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Siegmund, Bernd

Club: Intersport Prediger  
Number: 886

Course: 19.00 km  
Nordic Walking 19 km

Category:  
Nordic Walking Männer

Total time: 4:07:55

Speed: 4.60 km/h  
Running performance: 13:03 min/km

Rank in course/Total: 5 (of 9)

Rank in course/Men: 2 (of 2)

Best time in course: 2:15:08

Rank in category: 2(of 2)

Best time in the category: 2:15:08