



28. Silberberglauf
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

Rose, Jens

Club: DRK Arnstadt e.V.
Number: 136

Course: 19.00 km
Großer Lauf

Category:
Männer M40

Total time: 1:33:28

Speed: 12.20 km/h
Running performance: 4:55 min/km

Rank in course/Total: 35 (of 62)

Rank in course/Men: 35 (of 58)

Best time in course: 1:12:23

Rank in category: 6(of 10)

Best time in the category: 1:12:23