



28. Silberberglauf  
Möhrenbach/ Thüringen / 03.05.2008

Detailed evaluation

**Selter, Uwe**

Club: Waldbrunn  
Number: 145

Course: 19.00 km  
Großer Lauf

Category:  
Männer M45

Total time: 1:43:44

Speed: 10.99 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 49 (of 62)

Rank in course/Men: 48 (of 58)

Best time in course: 1:12:23

Rank in category: 13(of 14)

Best time in the category: 1:12:44