



2. Bad Salzunger Burgseelauf  
Bad Salzungen / 07.05.2008

Detailed evaluation

Zamzow, Stephanie

Club: Rhöner WSV

Number: 1243

Course: 12.16 km

Hauptlauf 2 (10 Runden)

Category:

Frauen W50

Total time: 1:10:00

Speed: 10.29 km/h

Running performance: 5:46 min/km

Rank in course/Total: 14 (of 21)

Rank in course/Women: 3 (of 5)

Best time in course: 1:06:31

Rank in category: 1(of 1)

Best time in the category: 1:10:00