



36. GutsMuths Rennsteiglauf

Neuhaus/ Rwg.-Blankenstein / 17.05.2008

Detailed evaluation

Helm, Uwe

Club: Crawinkel

Number: 47050

Course: 50.00 km

Rennsteig-Wanderung / Walking / Nordic Walking (W50)

Total time: 9:05:55

Speed: 5.50 km/h

metres in height up: 394

Course score: 55.91

Overall score: 318 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Neuhaus/ Rwg.	0	0	07:00	00:00	00:00
Kalte Küche	11.2	11.2	09:01	02:01	02:01
Brennersgrün	29.1	17.9	12:10	05:10	03:09
Rodacherbrunn	35.7	6.6	13:25	06:25	01:14
Blankenstein	50.0	14.3	16:05	09:05	02:40