



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Heck, Matthias

Club: NAK

Number: 46454

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 4:38:23

Speed: 7.76 km/h

metres in height up: 816

Course score: 48.24

performance score: 371 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:04	00:00	00:00
Schmidts Wiese	10.4	10.4	08:33	01:29	01:29
Possenröder Kreuz	14.7	4.3	09:02	01:58	00:29
Ebertswiese	18.5	3.8	09:28	02:24	00:26
Neue Ausspanne	21.3	2.8	09:55	02:51	00:26
Neuhöfer Wiese	25.8	4.5	10:30	03:26	00:35
Gustav-Freytag-Stein	33.0	7.2	11:17	04:12	00:46
Grenzdler	36.6	3.6	11:42	04:38	00:25