



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Menge, Ingrid

Club: Lauftreff Bruchköbel
Number: 46373

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 5:15:46

Speed: 6.84 km/h

metres in height up: 816
Course score: 48.24

performance score: 327 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:00	00:00	00:00
Schmidts Wiese	10.4	10.4	08:23	01:22	01:22
Possenröder Kreuz	14.7	4.3	08:56	01:56	00:33
Ebertswiese	18.5	3.8	09:30	02:30	00:33
Neue Ausspanne	21.3	2.8	10:06	03:05	00:35
Neuhöfer Wiese	25.8	4.5	10:48	03:48	00:42
Gustav-Freytag-Stein	33.0	7.2	11:46	04:46	00:57
Grenzdler	36.6	3.6	12:16	05:15	00:29