



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Rambow, Dirk

Club: SG 'Bierchen'

Number: 46205

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 5:54:06

Speed: 6.10 km/h

metres in height up: 816

Course score: 48.24

performance score: 291 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:00	00:00	00:00
Schmidts Wiese	10.4	10.4	08:36	01:36	01:36
Possenröder Kreuz	14.7	4.3	09:17	02:17	00:40
Ebertswiese	18.5	3.8	09:57	02:56	00:39
Neue Ausspanne	21.3	2.8	10:38	03:38	00:41
Neuhöfer Wiese	25.8	4.5	11:22	04:21	00:43
Gustav-Freytag-Stein	33.0	7.2	12:22	05:22	01:00
Grenzadler	36.6	3.6	12:54	05:54	00:32