



36. GutsMuths Rennsteiglauf

Schnepfenthal - Oberhof / 17.05.2008

Detailed evaluation

Ziegler, Ralf

Club: ESV LOK Eisenach
Number: 46008

Course: 36.60 km

Wandern/ Walking/ Nordic-Walking (W35)

Total time: 6:10:40

Speed: 5.83 km/h

metres in height up: 816
Course score: 48.24

performance score: 278 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Schnepfenthal	0	0	07:00	00:00	00:00
Schmidts Wiese	10.4	10.4	08:40	01:39	01:39
Possenröder Kreuz	14.7	4.3	09:19	02:18	00:39
Ebertswiese	18.5	3.8	10:08	03:07	00:49
Neue Ausspanne	21.3	2.8	10:48	03:47	00:40
Neuhöfer Wiese	25.8	4.5	11:36	04:35	00:47
Gustav-Freytag-Stein	33.0	7.2	12:38	05:38	01:02
Grenzadler	36.6	3.6	13:11	06:10	00:32